## NO-COST FLU VACCINES AS DOH-PINELLAS MARKS VACCINATION WEEK, DEC. 7-11



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With COVID-19 still a public-health threat, it's especially important to take care of your health with good nutrition, physical activity and preventive care.

A flu vaccine is an important part of good health, but some who are un- or - underinsured may find it difficult to afford it. Early December is a good time to get protected because it takes about two

weeks for the vaccine to be effective—just in time for holiday celebrations later in the month.

The Florida Department of Health in Pinellas County (DOH-Pinellas) is marking **National Influenza Vaccination Week** by offering no-cost flu vaccines at its centers, by appointment, from Monday-Friday, Dec. 7-11. Flu vaccines normally range from \$30 to \$65 at the centers. DOH-Pinellas provided no-cost flu vaccines in late October during its annual Flu Boo events that immunized 364 Pinellas residents over three days.

DOH-Pinellas clients coming to the St. Petersburg, Mid-County, Clearwater and Tarpon Springs centers for other services will be offered the no-cost vaccine as part of their visit.

The general public can schedule a no-cost vaccine by calling (727) 824-6900. Due to COVID-19 precautions, no walk-ins will be accepted. The Immunizations staff will be providing vaccines at other locations in the community where residents find it difficult to access health services.

For information about DOH-Pinellas, go to <a href="www.PinellasHealth.com">www.PinellasHealth.com</a> or follow us on Twitter @HealthyPinellas. We are also on Nextdoor and Facebook for health messaging.

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